

Module: Main Aspect of Indian Philosophy

Topic: Activities on Karma and Jñāna

Description:

The interactive resource "*Karma and Jñāna - Exercises*" explores two foundational and interrelated concepts in Indian philosophy: *karma* (action) and *jñāna* (knowledge). These exercises are designed to help learners grasp how ethical action and spiritual knowledge function as distinct yet complementary paths toward self-realization and liberation (*moksha*). By engaging with thought-provoking questions, scenarios, and textual references, learners examine the role of intentional action in shaping one's destiny, alongside the pursuit of inner wisdom and discernment. The resource encourages reflection on the dynamic interplay between doing and knowing, ultimately guiding students toward a more holistic understanding of the human quest for meaning, purpose and freedom.

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Link to Lumi: <https://app.lumi.education/run/Sk0ORv>

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