

Module: Main Aspect of Indian Philosophy

Topic: Puruṣārtha – Activities

Description:

The term *Puruṣārtha* refers to the four fundamental goals or aims of human life in Indian philosophy – *Dharma* (righteous duty or ethical living), *Artha* (material prosperity or wealth), *Kāma* (desire, love, or emotional fulfillment), and *Mokṣa* (liberation or spiritual freedom). These guiding principles provide a holistic framework for leading a balanced, meaningful and purposeful life. Far from being mutually exclusive, the *Puruṣārthas* are interdependent; they acknowledge the complexity of human existence by integrating moral responsibility, material needs, emotional satisfaction, and spiritual evolution. Rooted in Vedic and later Dharmashastric traditions, the concept encourages individuals to harmonize personal aspirations with social and cosmic order. The educational resource, "Puruṣārtha – Activities," engages learners in understanding these concepts not only as abstract ideals but as lived values, through interactive exercises that promote reflection and ethical reasoning.

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Link to Lumi: <https://app.lumi.education/run/9kFxCO>

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